



## **Caring and Coping with Loss in Dementia Carer Courses - Referral Guidelines**

**If you consider that a carer may benefit from the Caring and Coping with loss in Dementia training programme please ;**

- Ensure that the cared for person has a diagnosis of Dementia and that the carer is aware of this.
- It is really helpful if you can discuss the course with the carer and leave them a leaflet for them to think about it.
- If you have any doubts about whether a referral is appropriate or not please do not hesitate to contact us.
- This course encourages carers to share intimate and often personal experiences, it may be the wrong time for someone or it may be an inappropriate setting for certain individuals.
- It is greatly appreciated if support can be offered to the carer by the referrer after the course is complete when other issues may begin to surface.
- Please let us know if the person being cared for dies or goes into long-term care.
- There is a waiting list for this course and funding restrictions limit the number of courses we can run.

**Thank you for taking the time to read this, please find enclosed leaflets and referral forms for the next Caring and Coping with Loss in Dementia course, which will be for :**

**Adult / Child Course ( Carers looking after a Parent )**

**Spousal Course ( Carers looking after a spouse or partner )**