



Care for Carers



Stepping Out [®]™ Short Residential Respite Breaks for Carers Application Form

Contact us :

Telephone / Fax Number: 0131 661 2077

E-mail : admin@care4carers.org.uk

Web Site : www.care4carers.org.uk

Please return to :

Care for Carers, Lochend House

33-35 Lochend Road South

Edinburgh, EH7 6BR

Thank you for requesting an application form for Stepping Out.

Places can only be allocated once a completed form is returned to Care for Carers.

This form asks you some personal questions; this is because some of our funding is for specific groups of carers.

This means we need to know ages and caring situations before we can allocate places.

All information is treated with confidentiality and is used only for allocating places and monitoring the service.

Thank you in advance for your co-operation, you will be notified in writing of the outcome as soon as possible.

Name : _____ **Date of Birth :** _____

Address : _____

_____ **Post Code :** _____

Tel. No : _____ **E-Mail :** _____

Tell us about your caring role ? (who do you look after ? What illness or disability do they have ? etc.)

Where did you get this application form or find out about this service ?

Have you been on a Stepping Out Break before ? **Yes** **No** (Please Tick)

Do you require a bedroom on the ground floor ? **Yes** **No**

Which weekend would you prefer a place on ? _____

Can you take a Short Notice cancellation place for any of the breaks ? _____

Would you prefer to be placed on a weekend with an organised physical activity ? Such as canoeing, walking group ? _____

If you and another carer would like to share a room together then please let us know on your individual application forms.

If you would like to receive information and go on the mailing list for Care for Carers and the North East Carers Co-ordinator please sign below.

I agree to my details being retained on the above mailing lists.

Signed : _____ **Dated :** _____

Please Note : Former carers can not apply for a place on Stepping Out due to funding restrictions for respite services. Carers who look after a person in a long term care setting can still apply for a place.