



## Stepping Out Residential Breaks Application Form

Please be aware that places are limited and applying does not guarantee you a place. We will inform you as soon as possible of the application outcome. All information is treated with confidentiality and is used for allocating places and monitoring the service.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Gender: Male / Female / Other

Postcode: \_\_\_\_\_ Tel.No: \_\_\_\_\_

Mob. No. \_\_\_\_\_ Email: \_\_\_\_\_

Tell us about your caring role? (Who do you look after? What illness or disability do they have?) \_\_\_\_\_

\_\_\_\_\_

Have you been on a Stepping Out Break before?  Yes  No

Date & Venue of last Stepping Out break \_\_\_\_\_

How did you find out about Stepping Out short breaks? \_\_\_\_\_

Which Trip are you applying for a place on? (please state Trip & date for BOTH choices)

1<sup>st</sup> Choice \_\_\_\_\_

2<sup>nd</sup> Choice \_\_\_\_\_

Some Trips will involve organised physical activity. Please let us know if you have limited mobility, such as mobility issues or using stairs \_\_\_\_\_

\_\_\_\_\_

All of our breaks are group activities, carers may have to share a room with another carer.

Any specific dietary restrictions \_\_\_\_\_

\_\_\_\_\_

Please check you have fully completed all sections of the application form before signing.

Signed : \_\_\_\_\_ Dated : \_\_\_\_\_

**Please Note : Carers who look after a person in a long term care setting can still apply for a place.**