



Care for Carers



STILL CARING AND SHORT BREAKS

BIG DAYS OUT

FOR CARERS


SEPTEMBER 2022 – MARCH 2023

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Calendar of Events

September 2022 – March 2023

SEP	17	Edinburgh Zoo Tour & Workshop	Sat	11am	–	3.30pm	
OCT	18	Traquair House Guided Tour	Tue	10am	–	4pm	
NOV	7	Jupiter Artland Tour & Workshop	Mon	10am	–	3pm	
JAN	31	Newton Grange Mining Museum	Tue	10am	–	4pm	
FEB	~	Dundee Meal & Observatory	~	4pm	–	Late	
MAR	8	Stirling Castle Tour & Workshop	Wed	9.30am	–	4.30pm	

 – Event is open for a carer and cared-for person to come together.

September 2022

SEP

EDINBURGH ZOO TOUR & WORKSHOP

Edinburgh Zoo

Sat 17th

11am – 3.30pm



Carer and cared-for person are welcome to come together.

An unforgettable day out, the Royal Zoological Society of Scotland's Edinburgh Zoo is home to more than 2,500 incredible animals from around the world. All your favourite animals are waiting for you at the zoo, from paddling penguins and famous giant pandas, to the herd of giraffes. You won't want to miss out on seeing Scotland's only sloths either!

This family day out will include an "around the world" tour with an experienced Edinburgh Zoo guide and a fun workshop suitable for all ages. A packed lunch will also be provided.

October 2022

OCT

TRAQUAIR HOUSE GUIDED TOUR

Traquair House

Tue 18th

10am – 4pm

Traquair House is Scotland's oldest inhabited house. Visited by 27 Scottish kings and queens, it dates back to 1107 and has been occupied by the Stuart family since 1491. Originally a royal hunting lodge, Traquair played host to Mary Queen of Scots and later as staunch Catholics they supported the Jacobite cause without counting the cost.

Our visit includes a guided tour with a focus on Mary Queen of Scots, lunch in the garden café, and time to explore the grounds.

We will be travelling by minibus, leaving from and returning to St Margaret's House.

Please note that carers who were not able to come on the June trip to Traquair House will be prioritised for this trip, however we do have additional spaces available.

November 2022

NOV

JUPITER ARTLAND TOUR & WORKSHOP

Jupiter Artland

Mon 7th

10am – 3pm

Jupiter Artland is an award-winning contemporary sculpture garden located just outside Edinburgh. Set over 100 acres of meadow, woodland and indoor gallery spaces, Jupiter Artland is home to over 30 permanent and unique site-specific sculptures from artists Phyllida Barlow, Christian Boltanski, Charles Jencks, Anish Kapoor and Antony Gormley, as well as a seasonal programme of carefully curated exhibitions and events from a plethora of artists, both emerging and established.

Our visit will include an outdoor tour and workshop exploring the work of British artist Richard Long. Refreshments and lunch will be included as well as transport to and from St Margaret's House.

As the one-hour tour will be outside and may therefore include some uneven ground, please wear suitable clothing and footwear.

January 2023

JAN

NEWTON GRANGE MINING MUSEUM

Newton Grange

Tue 31st

10am – 4pm

The Lady Victoria Colliery, home of the National Mining Museum Scotland, was opened in 1895 as Scotland's first super-pit. It ceased production in 1981 and now serves as an example of one of the best preserved Victorian Collieries in Europe.

Our visit will include a guided tour by an ex-miner and chance to explore the permanent exhibitions in the museum. Lunch will be provided and we will travel to and from the museum by minibus.

February 2023

FEB

DUNDEE MEAL & OBSERVATORY VISIT

Dundee

TBC

4pm – Late

An evening excursion to Dundee where we will have an early evening meal followed by a visit the Mills Observatory, where we will take part in an astronomy workshop.

Gifted to the people of Dundee in 1935, Mills Observatory is Britain's first purpose-built public observatory. If you're curious about comets, mystified by meteors and want to glean a wealth of information about the galaxy, the friendly staff at Mills have the answers.

We will set off from St Margaret's House at 4pm, travelling by minibus. Please note that we will not arrive back in Edinburgh until late evening.

If you are interested in this event please let us know and we will be in touch to confirm the date and time.

March 2023

MAR

STIRLING CASTLE TOUR & WORKSHOP

Stirling Castle

Wed 8th

9.30am – 4.30pm

Stirling Castle was the key to the kingdom of Scotland, dominating a vast volcanic rock above the river Forth at the meeting point between Lowlands and Highlands. Its origins are ancient and over the centuries it grew into a great royal residence and a powerful stronghold. Nowadays Stirling Castle is famous internationally as one of Scotland's must-see visitor attractions.

Our visit will include a guided tour as well as a workshop and lunch.

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Big Days Out Programme for Carers September 2022 – March 2023

Care for Carers runs a free programme of events throughout the year, giving carers a short break from their caring roles and the opportunity to enjoy the company of other carers. During these events we explore the cultural, artistic and natural aspects of life in and around Edinburgh.

Some events may be open to the carer and the cared-for person; this is clearly marked beside the event date. Note that events may have limited availability.

Contact Details

Please contact us to discuss the events programme:

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Address: **Big Days Out Programme 2022/23**

Care for Carers

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